The UK Cochrane Centre

Who are we and what do we do?
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- The original Cochrane Centre opened in Oxford, 1992
- Iain Chalmers and Archie Cochrane’s concept
- The regional branch of the Collaboration for the UK & Ireland, based in Oxford today.
- Core programmes …
Who are we and what do we do?

- The training and supporting of Cochrane groups & contributors
- Advocating for EBM the UK
- The engagement with partners & stakeholders
- The monitoring of the impact of Cochrane Reviews on clinical guidelines
COCHRANE: LEARNING AND DEVELOPMENT
Review preparation: RA1 to RA4
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- Designed to help authors prepare and update Cochrane systematic reviews
- Each offers training for a different stage: from beginning the protocol to completion of the review
- Open to all those for whom the UKCC is a reference centre and have an accepted/registered review
NIHR Academic Clinical Fellows (ACFs)
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- Three held per year
- 20-30 attendees per course
- Focuses on evidence-based decision-making, critical appraisal, and leadership and management skills
- Courses proven extremely popular
  – April 2014 filled within approx. 2 hours of registration opening
CASP- Critical Appraisal Skills Programme Training
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- Workshop focusing on group based critical appraisal of papers
- Attendees include both healthcare practitioners and patients
- Popularity has led to the development of the “CASP training cascade” (teaching individuals to run their own workshops worldwide)
COCHRANE: ENGAGEMENT PROGRAMME AND DISSEMINATION
• Weekly meeting of clinicians, methodologists and communicators to discuss the most recent reviews
• Outcomes are fed into various channels:
  – Noteworthy reviews and sections are tweeted about to act as exemplar material
  – Results + subjects of interest turned into “Evidently Cochrane” blogs
  – Disseminated to charities, professional groups, commissioners, etc
And more…

– Topics + news of interest to the wider Cochrane Collaboration passed to their head of communications

– Communicated to Wikipedia and “Students 4 Best Evidence”
Evidently Cochrane

Men’s health: hard evidence and home truths
Introducing our special feature for Men’s Health Week with guest blogs on evidence to help men make choices about health

JUNE 5, 2014

Putting the Heart into Palliative Care
GP Richard Lehman reflects on palliative care beyond cancer and how people with heart failure need it too

OCTOBER 10, 2014

Breast cancer: your treatment, your choice
It’s Breast Cancer Awareness Month so here’s some recent evidence and helpful resources to help you make choices about treatment

OCTOBER 2, 2014

Women with epilepsy face tough choices over their medication
Professor Tony Marson looks at difficult treatment choices facing women with epilepsy in the light on new evidence on possible harms

OCTOBER 30, 2014
Evidently Cochrane

• Produced by UKCC Knowledge Broker, Sarah Chapman
• Content derived from ARGO meetings
• Aims to make evidence “really accessible” and to encourage discussion about it
• The majority of blogs are written with the public in mind, but are written for a variety of audiences—
Evidently Cochrane

• With patients and carers in mind
• Those looking for evidence to make healthy lifestyle choices
• Health Researchers
• For HCPs, commissioners and policy-makers
Cochrane and Social Media
Cochrane and Social Media

• UKCC represented through a range of social media: twitter, blogs, Facebook…
• Creates an international platform to discuss Evidence Based Healthcare, reaching consumers of all ages and backgrounds
• Our “Social Media Road-shows” teach review groups and others interested in dissemination of evidence how to best use social media to encourage engagement with EBM
Guidelines Project
Guidelines Project

• Established and maintain a database linking Cochrane reviews to the guidelines they have informed
  – Guidelines sourced from NICE, SIGN, WHO and NICE Public Health Guidance

• Monitor developers’ websites to continually keep up-to-date with upcoming guidelines
Guidelines Project

• Enables tailored-reports to be sent to Review Groups periodically and on request
• Now working with the Cochrane Editorial Unit to maintain this ever-growing data set and maximise its accessibility
…is being held in Dublin 2015
Cochrane UK and Ireland Symposium

- Organised by the UKCC
- 23rd and 24th April 2015 in Dublin
- Opportunity for all of the UKCC/Cochrane Ireland network to meet
  - includes Cochrane contributors, students, charities, and patient advocates
GETTING INVOLVED WITH COCHRANE…